

## Answer Key

- C 1. When choosing adaptations, encourage the child care provider to:
- A. choose the most intensive adaptation first, then decrease the intensity as needed.
  - B. choose the most intrusive adaptation first, then decrease as needed.
  - C. choose the least intrusive, most natural adaptation first.
  - D. both a and b.
- C 2. Using an alternative goal to adapt a group activity or routine means:
- A. Finding another time or routine in which to teach the child the skill.
  - B. Changing the activity or routine for the group so the child can succeed.
  - C. Helping the child to work on an individual goal that can be addressed within the same activity in which the group is engaged.
  - D. Providing the child with a different activity that will support development.
- D 3. When helping child care providers to adapt an activity or routine by adjusting time, they should consider:
- A. giving the child more time to complete the activity.
  - B. shortening the length of time an activity takes.
  - C. repeating the activity more frequently over the course of the day.
  - D. all of the above.
- C 4. Which is not an example of adapting level of support?
- A. Hand-over-hand for tying shoes
  - B. Supporting a child's elbow with your hand to help child bring a spoon to his mouth
  - C. Using pictures to show steps of washing hands
  - D. Helping a child get on top of a climber by guiding her feet on ladder steps
- D 5. To be safe, home visitors should:
- A. Carry a cell phone
  - B. Leave a daily schedule and contact information with their agency or another person
  - C. Make an excuse to cut the visit short if those in the home appear to be under the influence of drugs or alcohol
  - D. All of the above
- C 6. All of the following are reasons why IDEA Part C services are required to be performed in the natural environment, **EXCEPT**:
- A. Children learn better in the environment in which they will be practicing their skills or exercises.
  - B. The child's progress can be more accurately evaluated through observations in the home or playground.
  - C. Services in the natural environment cost less than in a clinical setting.
  - D. The natural environment includes activities and routines within a context, and not just a physical location.
- D 7. The service delivery model characterized by a one IFSP team member providing all the interventions is the
- A. Primary Service Provider Model
  - B. Transdisciplinary Model
  - C. Multidisciplinary Model
  - D. A & B
- C 8. Early Intervention is best provided by
- A. A rigid curriculum plan for each therapy session.
  - B. Five or six disciplines interacting with the child and family weekly.
  - C. Determining what the child needs to accomplish and working backward to determine what services are necessary to accomplish that outcome.
  - D. Emphasizing therapy over parent education.
- B 9. The most reliable source of information on any First Steps change is
- A. A Yahoo group or chat room
  - B. The state First Steps web page
  - C. Your neighbor who is a friend of the Governor
  - D. The news media
- B 10. First Steps providers have been double billing the state Medicaid program.
- A. True
  - B. False